Dear Parents and Carers,

**Relationships and Sex Education at Lydbrook Primary School**

As a part of your child’s education at Lydbrook Primary School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

As you may already be aware, the Department for Education has announced changes to Relationships and Sex Education following nationwide consultation. These changes came into effect from September 2020 and all schools are required to comply with the updated requirements. The statutory guidance can be found by clicking on [this link](https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education).

The new guidance focuses on healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships. Learning about the emotional, social and physical aspects of growing up will give children and young people the information, skills and positive values to have safe, fulfilling relationships and help them take responsibility for their own well-being.

The purpose of Relationships and Sex Education (RSE) is to help children and young people to be safe, healthy and happy as they grow up and in their future lives. RSE must always be appropriate to the pupils’ age and stage of development and is an essential part of safeguarding. With this in mind, we have been reviewing our RSE curriculum and policy so we can be sure our RSE provision is appropriate for our pupils based on their:

• Age, physical and emotional maturity

• Religious and cultural backgrounds

• Special Educational Needs and Disabilities

At Lydbrook Primary School, we have been delivering Relationships and Sex Education within our Personal, Social, Health and Economic (PSHE) curriculum for many years. We have reviewed our PSHE curriculum to make sure that our lessons meet the requirements that the government has set out for the content of Relationships and Sex Education. As part of our curriculum review, we are inviting parents to consider this policy before it is finalised. Your views are especially important to us and we will respond to you on the outcome of this process at the start of next term. Once we have considered all the feedback the draft updated Relationships and Sex Education Policy will be uploaded to the school's website which will also set out the proposed curriculum and how you can feedback.

To help you understand the curriculum requirements I have attached the information on the links below which I would encourage you to read.

This includes:

• The school’s proposed draft Policy

• DfE guidance that outlines statutory requirements

If you have any comments or questions about the policy, or the provision of RSE at Lydbrook Primary School, please do not hesitate to contact me at [ssprawson@lydbrook.gloucs.sch.uk](mailto:ssprawson@lydbrook.gloucs.sch.uk).

Sophie Sprawson Wellbeing Lead

 